



First Avenue Public School

School Newsletter

Wednesday, April 5, 2023

Dear First Avenue Families,

As some of our families continue to observe Ramadan, several others will be celebrating Passover and Easter in the upcoming days and Orthodox Easter next weekend.



To keep things extra exciting around here, our Students' Council is hosting daily bingo across all of the homerooms each morning. Next week, they have planned a Spirit Week. The spirit themes for next week can be found below!

I hope everyone has a wonderful long weekend!

Sincerely,

Tim Brock - Principal

Jump Rope for Heart - April 27 2:45 - 3:45:

Ms. Wilson is organizing Jump Rope for Heart this spring! Jump Rope for Heart has been promoting kids' heart and brain health across Canada for more than 40 years! By fundraising for Jump, you're saving lives. The donations you collect fund critical research to help beat heart disease and stroke.

Did you know your school gets back 8% of the funds you raise? The Jump Give-back Program is Jump's way of saying thank you to schools for putting students' heart and brain health first.



If our school fundraises at least \$500, the school can use the funds it gets back for new equipment or supplies, or donate back to Heart and Stroke to support life saving research

[For More Information and to Donate Here!](#)



First Avenue Public School

School Newsletter

Neurodiversity to Neuroharmony, a virtual event with Dr. Peter Vermeulen:

We hope you will join us this evening for the premiere of “Neurodiversity to Neuroharmony”, a virtual event with Dr. Peter Vermeulen.

Dr. Vermeulen is a world renowned speaker and trainer with more than 35 years of experience in the field of autism. He holds a PhD in Psychology and Clinical Educational Sciences and has earned significant recognition, including a lifetime achievement award, for his work. His presentation will focus on how we can increase the well-being of children, youth, and adults with autism, and how we might address well-being in education. He will also highlight how a positive focus on our shared desire to be happy can help us move from neurodiversity to neuroharmony, and how happiness has received little attention in the field of autism spectrum disorders.

[Please click here to watch](#) the event. If you are having trouble watching the video, you may need to wait a few moments for it to load. You can also try clicking a few seconds ahead of parts that are loading.

The event is pre-recorded and will be available to families to watch at any time during the month of April, using the link above. Attendees are welcome to send in questions for Dr. Vermeulen to answer in a follow-up video. Please [submit your questions using this form](#) no later than April 14, 2023.

Heritage Fair:

On Friday, April 28 at 2:45 pm, parents are invited to visit our school Heritage Fair. There will be projects from Grade 1 to Grade 6, from our kindergarten class and as well as our ASD classes. Students have been working hard and the projects are looking amazing. We are excited to have the whole school together in the gym to talk about aspects of Canadian History. Hope you see parents there!

Spring Registration at Glebe Neighbourhood Activities Group:

Our friends over at GNAG have opened their Spring registration for after school and other programs. They also have adult programs and summer programs.

Please visit their [website](#) to see the different programs and register.



Glebe Neighbourhood Activities Group

GNAG is a community-driven, not-for-profit, recreation organization working in the heart of the Glebe



First Avenue Public School

School Newsletter

Upcoming Days of Significance:

Genocide Awareness, Education, Condemnation and Prevention Month: In 2015, the House of Commons designated April as Genocide Remembrance, Condemnation, and Prevention Month in Canada. This honours the memory of victims of genocide and reflects on the root causes so these tragedies never happen again.

World Autism Awareness and Acceptance Month and World Autism Awareness Day: Autism is a lifelong neurodevelopmental disorder that affects about one in 50 children and youth in Canada. Autism affects the way individuals interact and communicate with those around them, and each person with Autism Spectrum Disorder (ASD) is unique and has their own strengths, gifts, and support needs. World Autism Awareness Day is recognized on Sunday, April 2nd.

Sikh Heritage Month: The month of April is an opportunity to celebrate the history, culture, and accomplishments of Sikh Canadians in our District and across the province.

Passover: Passover will begin the evening of April 5, 2023. Passover is an important Jewish holiday that commemorates the freedom of Israelites from slavery in Egypt. We wish a peaceful and joyous Passover to all who are observing.

Easter Weekend: This weekend, many in our community will observe Good Friday and Easter. A reminder that there is **no school for elementary or secondary students on Friday, April 7th or on Monday, April 10th**. All OCDSB offices and schools will be closed. We wish a Happy Easter to those who are celebrating.

Upcoming Dates:

- You can find the entire OCDSB Elementary School Calendar - [HERE](#)
- You can find all school specific dates on our website - [HERE](#). You can also check out the list below:

Weekday	Month and Date	Activity
Thursday	April 6	<ul style="list-style-type: none"> • Passover • Skilled Trades Presentation - grades 4 to 6
Friday	April 7	<ul style="list-style-type: none"> • Good Friday - No School
Monday	April 10	<ul style="list-style-type: none"> • Easter Monday - No School
Tuesday	April 11	<ul style="list-style-type: none"> • Spirit Week - Inside Out Shirt Day
Wednesday	April 12	<ul style="list-style-type: none"> • Spirit Week - Wild Hair/Hat Day
Thursday	April 13	<ul style="list-style-type: none"> • Spirit Week - Sports Day
Friday	April 14	<ul style="list-style-type: none"> • Spirit Week - Falcon Friday • Holy Friday - Christian Orthodox; Vaisakhi - Sikhism
Tuesday	April 18	<ul style="list-style-type: none"> • School Council - 7 pm in the Library
Friday	April 21	<ul style="list-style-type: none"> • Eid-al-Fitr
Wednesday	April 26	<ul style="list-style-type: none"> • Ottawa Heritage Fair Team goes to Museum of History



First Avenue Public School

School Newsletter

Thursday	April 27	<ul style="list-style-type: none"> • Get REAL 2SLGBTQ+ presentation for grades 4-6 - 9:30 to 10:30 <ul style="list-style-type: none"> ◦ More info found HERE • Jump Rope for Heart 2:45-3:45
Friday	April 28	<ul style="list-style-type: none"> • Heritage Fair - Open to Families in the Gym 2:45 to 3:45
Tuesday	May 9	<ul style="list-style-type: none"> • School Council - 7 pm
Monday	May 22	<ul style="list-style-type: none"> • Holiday - No School
Friday	May 26	<ul style="list-style-type: none"> • Shavuot
Monday	May 29	<ul style="list-style-type: none"> • EQAO Assessments - grades 3 and 6
Tuesday	May 30	<ul style="list-style-type: none"> • EQAO Assessments - grades 3 and 6
Wednesday	May 31	<ul style="list-style-type: none"> • EQAO Assessments - grades 3 and 6
Thursday	June 1	<ul style="list-style-type: none"> • EQAO Assessments - grades 3 and 6
Friday	June 2	<ul style="list-style-type: none"> • PD Day - No School
Thursday	June 8	<ul style="list-style-type: none"> • Dental Screening: JK, SK & Grade 2
Friday	June 9	<ul style="list-style-type: none"> • Volleyball National League Tournament (grade 4-6 MFI) • Drama Performance - 5:30pm
Tuesday	June 13	<ul style="list-style-type: none"> • School Council - 7 pm
Thursday	June 15	<ul style="list-style-type: none"> • School Council Carnival
Wednesday	June 21	<ul style="list-style-type: none"> • National Indigenous Peoples Day
Monday	June 26	<ul style="list-style-type: none"> • Grade 6 Leaving Ceremony at 2:00 pm
Wednesday	June 28	<ul style="list-style-type: none"> • Grade 6 Field Trip • Report Cards Emailed Home
Thursday	June 29	<ul style="list-style-type: none"> • Last Day of School • Play Day